Manasa Thirumala

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Compassionate mental health professional with good knowledge in providing counselling, coaching and mentoring for individuals, couples, and families. am looking out to serve, support, and empower one soul at a time in their journey to shine true authentic self by being a catalyst to self-driven.

**CORE COMPETENCIES**

A management & Psychology professional with skilled in

Career counselling, Family & Marriage counselling, Student counselling, Child & Adolescent Counselling, Recruitment/ Talent Acquisition, Personality Development, Student assessment

**Career Timeline:**

**1 Ritwik IT Services, Hyderabad- Sep 2015-October 2016- Talent Acquisition Manager**

Experience Summary

Responsible for End-to-End Recruitment which involves Recruitment of employees at all levels and Manpower Planning – On receiving the Human Resource Request, checking the HR data base, Sourcing, headhunting of candidates, managing online tests, short listing Resumes. Discuss the short listed with the concerned Division/Department Heads and conduct HR Interview.

**2 Cresentia Infotech SDN Bhd, Malaysia Jan 2014- August 2015 HR & Student Counsellor**

Responsible for End-to-End Recruitment & Planning human resource requirements in consultation with the heads of different functional & operational areas.

**Student Counsellor**

* Assisted in providing education counselling services to students
* Collaborated with Graduate & PG colleges to provide career workshops & skilled Courses which enhance the career.
* Maintained student enrolment retention each programme after consensus period Generated 100% result in each successful passed out programme
* After successful completion of the programme, evaluation and screen test will help them to place with different clients on their demand
* Imparting with students continuous on job training to the workforce for enhancing their productivity & operational efficiencies through knowledge enhancement / skill building as per client need.
* Conducted and assisted with selected activity groups as assigned and document according to policy and procedures.
* Counselled and assessed needs of prospective students to prepare graduation plans designed to achieve personal, professional, or academic goals.

**3 UV Fortune IT Solutions, Hyderabad- Jan 2013-Jan 2014 HR Executive**

working as a Full cycle recruiter, sourcing, screening, interviewing, presenting, and placing direct seasonal hires. Ability to effectively manage requisitions and consistently meet performance metrics and goals. Interfacing with the hiring manager and the supervisors, leading intake meetings, collaborating/communicating consistently to obtain feedback and ensure satisfaction with candidates, and effectively expediting process flow.

**Intern Experience:**

* Conducted mental/behavioural assessment of the client to identify a psychological problem
* Undertake **Psychometric assessments**, including assessment of mental health needs, risk assessment, and psychometric testing; formulate a psychological explanation of the client's issues.
* Maintained client information confidentiality ensuring details of client's issues are held in utmost confidence; analysed data from prior treatment to diagnose a client’s problems.
* Utilized various treatment modalities with clients such as CBT, Art therapy etc
* Worked with senior counsellor in different counselling sessions with different clients like students, employees, family and couples etc to maintain session records, reports, developments and follow-ups

**Education**

* Master of Business Administration (MBA) with specialization in Human Resources from JNTU Hyderabad 2012
* Masters in M.Sc. Psychology from Acharya Nagarjuna University Guntur 2014
* PG Diploma in Child Psychology from Osmania University Women Hyderabad 2022
* PG Diploma in Family & Marriage Counselling from Osmania University Women, Hyderabad 2023.
* Bachelor’s Degree in B. Sc Microbiology from Osmania University 2009

**Certifications**

* Undergone 1 month course **in Clinical Counselling** from Samadhana Counselling Centre, Bangalore.
* 3 months Intensive course in **CBT, certified** by ICPEM & Psychoshiksha, Chennai.
* Undergone 1 month certification course in Psychometric Testing in Childhood & Adult from IAOTH & Sensable Child ,New Delhi

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